OUR ISLAND CONTEMPORARIES

Attention To The Banana!

The latest strategic move of the

sense back of it.

The board—which, by the way, numbers some of the ablest businessmen of the slands, hard-headed, practical chaps—proposes that each person in Hawaii eat at least one banana a day. It suggests also that the idea can be developed so that at least one luncheon during the week will have bananas as the piece de resistance. It adds that the whole territory ought to eat more bananas.

Developing the consumption of bananas here would have a double effect First, it would add to the regular regimen of 200,000 people an article of diet of a high food value and which can be secured at a small price, an article produced in Hawaii.

Second, it would stabilize and foster the market for Hawaii bananas. Banana-growers of the territory are hard hit by the cargo-space shortage on coast-bound steamers, resulting from the reductions of tonnage. The banana trade threatens to be shatter-

If the market for bananas at home is greatly broadened, the best bananas grown should be offered first for local consumption. With authority at hand to see that the prices are not sent up because of the increased local demand, the banana can be used very largely as a substitute for food of high price and which has to be shipped from the mainland.

The Noltke strategy board has hit on a real idea, and if it is followed up with persistent energy, it ought to be of real value to Hawaii in war-times. -Star-Bulletin.

Difficulties In The Way

Representative Randall of California announced that he will introduce a bill placing a prohibitive tax on every acre of land in the United States which is not used for the production of food crops. Every once in a while we find a man like that bobbing up with some new scheme to save the country from dropping into obscurity. If Representative Randall would think twice, he would realize that the government owns millions of acres of land that are not now used for the production of food. Yet to put that land under successful cultivation would be a job far too great for all the representatives in the United States. There are also owners of vast tracts of land who would be only too glad to have it cultivated upon most any terms, yet they cry aloud in vain. Plenty of cultivated land has been offered to the government. Lands that have been under cultivation, and the fertility and products of which have been demonstrated, Yet no one can be found to cultivate the soil. Randall can have a job raising potatoes any time he wants it. But to endeavor to force people to cultivate the land which they would be only too glad to cultivate were it practical, would be a foolish piece of business.—Daily Tribune

Food Conservation Reports

The food conservation weekly reports instituted throughout our Island communities a few weeks ago already. These reports of wheatless, meatless and wasteless meals, week by week, give every indication of being made year constitution. ing made very carefully honestly; and that being the case the ambition to make good showing is significant of results. Some left over, that under ordinary circum-stances would have gone into the garbage can, is carefully saved in order that a clear record may be possible at the end of the week.

Even the children take an interest in these report cards and are ready to help make them as nearly ideal as possible by cutting out waste or reducing on wheat or meat.

We don't know just what use may be made of these card reports in Washington, whither the results are transmitted, but at any rate they have a very considerable use here in stimulating economy, patrio humanity.—Garden Island. patriotism

National Guard Fitness

No particular alarm need be felt at board of strategy" at Nolte's is more the suggestion of Doctor Sincla'r that than a piece of humor. It has sound a searching physical examination will reduce the strength of the national guard of Hawaii to half or one-third of its present size, nor need the suggestion of the physician be regarded as hostile criticism of the militia. The regular army tests for recruits are strict and exacting and are being rigorously applied. The same tests exist for the national guard, but averyone knows that they are not applied in the same way, either in Hawaii or elsewhere. Witness the wholesale weeding out when the mill-tia was called to the Mexican border. The guard will be a better guard after the unfits and the misfits have been discarded and their places filled by the draft.-Advertiser.

Demands Of War On French Resources

(News article published at the request of the food administration.)

The demand war is making upon the resources of France is pathetically shown in statistics just received by the U. S. Food Administration dealing with wheat and food production

In 1915 France produced 87,830,000 hundred-weight of wheat; in 1914 76,930,000 hundred-weights; in 1915, 60,630,000; in 1916, 58,410,000; and in 1917, but 399,000,000 hundred-weights.

In food stuffs which comprises all dereals and includes potatoes and beetroot, the 1913 production of 358. 000,000 hundred-weights had declined in 1917 to only 222,000,000 hundred-

The figures quoted are from the statement of the Minister for General Revictualling of France, Mr. Maurice Long, who says emphatically that his country must be brought face to face with realities. Two years ago in a speech on the wheat question be asserted that the struggle was a war of one side wearing out the other, and the question of credit, exchange and the procuring of foodstuffs and raw material played as important an part as the question of numbers, material and munitions for the armies He reaffirmed this belief, and added that on one side or another the fear of famine might be as demoralizing as an advance of armies.

Mr. Long estimated the require ments of France this year could be held down to 40,000,000 hundredweights of cereals. The task of pro-curing this promises to be difficult, since in spite of all great efforts last year, it was impossible to import any thing like these quantities,

In a speech made in the Chamber of Deputies on September 29th, Mr. Long asserted that France was threatened with a shortage of food and an additional increase in the cost of living. He stated that within a few days there would be one revictualling authority for both central and military needs—one central organiza-tion. Food restrictions, he declared. are necessary, and the country would have to accept the rationing system for additional articles of consumption

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Weekly Market Letter

Honolulu, Dec. 8,-There is no small yellow corn in the market and very little large Islands corn. Anyone having corn for sale should ship

it to the market as soon as possible. The shipments of Maui beans are increasing and selling faster than they have been for some time past Mani red beans are selling from \$8.50 to \$9.00, while Calico beans are selling from \$10.50 to \$11.00 a bundred The reason for the Calico beans sell-ing so high is that there are very few n the market, as most of the Maul farmers are raising red beans this

During the week a shipment of Mani beans was sent to the Coast by one of the local firms. We hope that all the Islands people will use lands beans so that it will not be necessary for anyone else to make shipments to the Coast,

A shipment of very good small, white beans was received from Maul and sold for \$12.50 a bundred. Shipments of small, white beans that are well graded find a ready market but most of the small white beans receiv ed from Maui are not graded and very dirty. Farmers wishing to get good returns on their produce, should see that their produce is properly graded, cleaned and packed before shipping to the market. This will help them as well as the market and give the Islands produce a good name

Sweet potatoes are not plentiful as they have been for the past few weeks but we still have a good supply of them coming in.

Limes are scarce and the demand

is good. Any one having limes should ship them immediately.

A small shipment of Islands Irish potatoes was received during the week. Next week we expect to receive a large shipment of Irish point. ceive a large shipment of Irish pota toes from Kauai.

By closing the retail departments we have more time to give to the wholesaling of Islands produce and anyone having any quantity of Islands produce for sale, should get in touch with the Division.—O. B. LIGHT FOOT, Acting Superintendent.

Demonstration Of **Cooking Recipes**

The first demonstration of the proparation and cooking of war food was given by the Maul Women's Food Conservation Commission, under the direction of Miss Blanche Mast, at the Hamakuapoko high school domes tic science room at 9 a. m. Saturday

There were twenty persons pres ent, including three Japanese and one Chinese cooks.

Mrs. Bowdish, chairman, in open

ing with a brief talk, referred to the nation's kitchens as "our first line of trenches." "Don't let them be taken" she said. "It depends upon the wo-

nen of America to win the war". Wholesome and appetizing food was prepared at the least possible expense. Two or three years ago a four-layer cake, with a plain icing, could be made for thirty-nine cents. would now cost from \$1.50 to \$1.75. The following recipes were demon

Bran muffins, scalloped banana pudding, short cake, bean loaf, date loaf, carrot pudding, beans

German Insurance

emy Act the business heretofore carried on in the Islands for German in surance companies will have to be transferred to American companies or be withdrawn altogether. last year in which they were active four German insurance companies collected premiums of \$65,000 in the

Islands, as follows: Allianz-Berlin, (Marine) \$55,670.10; Magdeburg (fire) \$785.10; Prussian National (Stettin, Germany, fire) \$1030.30; Hamburg-Bremen (fire,) \$6784.42.

Gonsalves Glee Club, Paia, furnishes music for any occasion at reasonable rates. Telephone Fernandez Hotel.-Advt.

LODGE MAUI, NO. 984, A. F. & A. M



Stated meetings will be held at Masonic Hall, Kahulul, on the first Saturday night of each month at 7:30

Visiting brethren are cordially invited to attend. H. K. DUNCAN, R. W. M. A. ROBBINS, Secretary.

ALOHA LODGE NO. 3 KNIGHTS OF PYTHIAS.



Regular meetings will be held at the Knights of Pythias Hall, Walleku, on the second and fourth Friday

of each month. All visiting members are cordially invited to attend

> A. C. RATTRAY, C. C. J. H. PRATT, K. R & S.

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Matson Navigation Co. 1917-Passenger Schedule-1917

(SUBJECT TO CHANGE)

STEAMER Wilhelmina	Leave San Fr'sco			Arrive Honolulu			Leave Honolulu			Arrive San Fr'sco			
	96	Tue	Jun	19	Tue	Jun	26	Tue	July	3	Tue	July	10
Maui , Manoa Matsonia Wilhelmina	44	Thu Tue Thu Tue	Jun July July July	12	Tue	July July	10 18	Wed Tue Wed Tue	July	$\frac{17}{25}$	Tue Tue Tue Tue	July July July Aug	31
Maui	45 47	Thu Tue Thu Tue	July July Aug Aug	31		Aug Aug Aug Aug	7 15	Wed Tue Wed Tue	Aug Aug Aug Aug	14 22	Tue Tue Tue Tue	Aug Aug Aug Sept	21
Maui	46	Thu Tue Thu Tue	Aug Aug Sept Sept	28 6	Wed	Sept	12	Tue	Sept Sept Sept Sept	11 19	Tue Tue Tue Tue	Sept Sept Sept Oct	18
Maui	47 49	Thu Tue Thu Tue	Sept Sept Oct Oct	25	Wed Tue Wed Tue	Sept Oct Oct Oct	2 10	Wed Tue Wed Tue	Oct Oct Oct	17	Tue Tue Tue Tue	Oct Oct Oct	16
Maul	48 50	Thu Tue Thu Tue	Oct Oct Nov Nov	23	Wed Tue Wed Tue	Oct Oct Nov Nov	30 7	Wed Tue Wed Tue	Oct Nov Nov Nov	6 14	Tue Tue Tue Tue	Nov Nov Nov	13
Maui	49 51	Thu Tue Thu Tue	Nov Nov Dec	20 29	Wed Tue Wed Tue	Nov Nov Dec Dec	27 5	Wed Tue Wed Tue	Nov Dec Dec Dec	12	Tue Tue Tue Tue	Dec Dec Dec	11
Maui Manoa Matsonia	50	Thu Tue Thu	Dec Dec Dec	18	Wed Tue Wed	Dec	25	Tue	Dec Jan Jan	1	Tue Tue Tue	Jan Jan Jan	

Jime Jable -- Kahumi Railroad Co.

Daily Passenger Train Schedule (Except Sunday) The following schedule went into effect June 4th, 1913

TOWARDS HAIKU TOWARDS WAILUKU Bistauce STATIONS 5 33 3 30 1 25 8 42 6 35 A.. Watluku.. L Kahului . 1 42 3 47 8 27 5 20 3 17 5 10 3 07 02 1 52 3 57 elsville L . 1 53 3 58 5 09 3 05 5 00 2 55 4 58 2 53 4 52 2 47 Hama CA . 7 57 kuapoko L 2 15 4 20 7 56 4 51 2 46 2 23 4 28 4 45 2 40 7 50 .. 2 25 4 30 4 44 1 39 7 49 4 40 2 35 7 45 2 30 4 35

PUUNENE DIVISION

TOWARDS PUUNENE				ENE		TOWARDS KAHULUI					
	3		1		CTATIONS		2		4		
Passenger		Passenger		Distance	STATIONS	Distance	Passeger		Patienger		
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3			00 10	10	A. Puunene., L	2. 5	6	$\frac{22}{12}$		15 05	

1. All trains daily except Sundays.

2. A Special Train (Labor Train) will leave Wailuku daily, except Sundays, at 5:30 a. m., arriving at Kahulul at 5:50 a. m., and connecting with the 6:00 a. m. train for Puunene.

BAGGAGE RATES: 150 pounds of personal baggage will be carried free of charge on each whole ticket, and 75 pounds on each half ticket, when baggage is in charge of and on the same train as the holder of the ticket. For excess baggage 25 cents per 100 pounds or part thereof will be

For Ticket Fares and other information see Local Passenger Tariff I. C. C. No. 3, or inquire at any of the Depots.

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